

Work-Meaning Alignment Grid

Map the parts of your job to who they serve.

You do not need a new job — just a few new angles on this one.

Part of my job	Who it serves	Value I can bring beyond the minimum

The one place I will bring more care tomorrow:

Reflection

Five questions from the article — take them slowly.

Carry these into a quiet few minutes.

1. Who is on the other end of my work, even if I never see them?

2. Where in my job could a higher standard become its own reward?

3. What is my job funding or protecting in the rest of my life?

4. Which coworker's day could I make lighter tomorrow?

5. What skill could I grow on the clock that will outlast this job?