

Purpose Legacy Letter

A short letter to someone who will outlive you.

To: _____

One thing I know that I want you to have

One reason behind a choice I made

One hope I have for you

With love, _____

Reflection

Five questions from the article — take them slowly.

Carry these into a quiet few minutes.

1. What do I know that would be lost if I never taught it to anyone?

2. Whose story in my family should be recorded before it fades?

3. What are the reasons behind my choices that no one has ever heard me say?

4. Who is ready to receive something I carry - and have I told them?

5. What would I want written on the page my people keep, about how I lived?
