

# Deliberate Practice Plan

*Deliberate practice means working at the edge of your ability – on the hard part you usually avoid.*

**The specific part of my craft I'm weakest at (the thing I route around):**

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**One way I'll practice exactly that, deliberately, this week:**

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**One person I'll ask for honest feedback:**

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**One master whose work I'll study, and what I'll look for:**

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