

Belonging Starter

Belonging is built where you already are. Make one small move this week — and pull up a chair for someone else.

One place I already go regularly:

One small move I'll make there this week (say my name, ask someone theirs, or simply return next week):

One person nearby who might feel like an outsider:

One way I'll pull up a chair for them:

One small thing I could host or start (a coffee, a walk, a standing invite):